



East Africa - January 2018

Itinerary

DAY 1. ARRIVE RWANDA

B-Breakfast L-Lunch D-Dinner

Welcome to Africa!

After your arrival this afternoon, we will head to our hotel accommodation where you will have some down time before we meet up for a group welcome dinner. (D)

DAY 2. RWANDA - UGANDA

We start our day with a visit to The Kigali Genocide Memorial. It is the final resting place for more than 250,000 victims of the Genocide against the Tutsi in Rwanda. It honours the memory of the more than one million Rwandans killed in 1994 through education and peace-building.

This afternoon enjoy the scenic drive from Rwanda, 'The Land of a Thousand Hills' to Uganda. Along the way we will pass through beautiful landscape dotted with tea plantations, before arriving at Lake Bunyonyi where you will spend the next few nights in tented lodge-style accommodation. (B, D)

DAY 3. KABALE/LAKE BUNYONYI

After a leisurely breakfast by the lake, we will head to a remote village to spend time at a local school. Be prepared to have your heart stolen by these beautiful children. After spending time with the kids this morning, we will enjoy a lunch prepared especially for us. We will sit with the women and share stories before re-joining the children, where we will experience first-hand, the African way of life. (B, L, D)

DAY 4. KABALE/LAKE BUNYONYI

This morning, spend some time chilling by the lake reading a book, or if you choose, partake in one of the many optional extra activities available here at Lake Bunyonyi.

- swimming, canoeing, boat-motor hire
- bird watching
- mountain biking
- fishing
- community walks

This afternoon we will sit together with some local village women, who will show us how they make their hand woven baskets and paper beads. These items are the women's only source of income, empowering them and enabling them to support their families. (B, D)

DAY 5. KABALE - GORILLA TREK

A Gorilla Trek within the Bwindi Impenetrable Forest is a highlight for many who visit Uganda. No other wildlife encounter in Africa matches the astounding experience of spending time sitting face-to-face with the magnificent rare mountain gorillas in their natural habitat. (B, L, D)

***Application times for Gorilla tracking permits are recommended at least 12 weeks in advance of high seasons to ensure you do not miss out. Confirmation by Sept. 30 2017 is required if you plan to partake in this activity.*

***If you feel this activity is not for you, don't worry, while others head off on their trek, we can plan an enjoyable day locally. *Your gorilla trek is included in your tour cost. An alternative total tour price will be worked out for you if you choose not to participate in gorilla trekking.*

DAY 6. KABALE - KAMPALA

This morning we will bid Kabale farewell as we head off bright and early for a full day's drive to Kampala. On this drive, keep an eye out for the wildlife! We will stop half way for a relaxing lunch and a spot of souvenir shopping. Stand at both sides of the world with one foot in the northern hemisphere and one foot in the southern hemisphere and witness the strange phenomenon of water draining clockwise and anticlockwise only metres apart, on either side of this imaginary line. We will arrive in Kampala late afternoon where we will spend the night in hotel accommodation. (B, D)

DAY 7. KAMPALA - TORORO

Today we will be up early, to head to a small remote village just out of Tororo, eastern Uganda. We will break the trip for lunch in Jinja, which sits along the northern shores of Lake Victoria, near the source of the White Nile. Our journey then takes us through Mabira Forest, where cheeky baboons will pose for photos with their babies, hoping to get a treat from passers-by. After a humbling welcome, we will spend 2 nights living among the locals and experiencing real village life and the wonderful culture and beautiful people of this region. Accommodation will be in a small mud-brick house within the village. (B, D)

DAY 8. VILLAGE

Today we will visit the local school where the children learn. We will then set off on a village walk where we will be welcomed into traditional thatched roof, mud hut dwellings, meet families and have the opportunity to sit a while and hear about their lives. Tonight we will enjoy a dinner under the stars, where we will recap our unforgettable day! (B, L, D)

DAY 9. VILLAGE - KAMPALA

After a delicious breakfast, we will say our goodbyes and head off to Kampala. Tonight we will dine at a cultural restaurant and enjoy amazing food while we are entertained with some traditional dancing. Hotel accommodation. (B, D)

DAY 10. KAMPALA - NAIROBI

Bright and early this morning we leave beautiful Uganda and the friends we have made, as we fly to Nairobi, Kenya. This is your day for free time as you choose. Maybe a few hours by the pool with a good book, or an afternoon snooze. If relaxing is not for you, as an optional extra we can arrange a visit to the Karen Blixen Museum, former home of Danish Author Karen Blixen, 'Out of Africa', before we head out to dinner.

Apartment accommodation. (B, L, D)

DAY 11. NAIROBI - ELEPHANT ORPHANAGE - GIRAFFE CENTRE

This morning we head to the David Sheldrick Wildlife Trust, where you will meet and interact with baby elephants who are rescued and rehabilitated before being released back into the wild.

This afternoon we will visit the Nairobi Giraffe Centre. You'll have the opportunity to get 'up close and personal' with the residents here!

If time permits, we will visit the Kazuri Bead Factory. KAZURI, which means "small and beautiful" in Swahili, began in 1975 as a tiny workshop experimenting on making handmade beads. (B, L, D)

DAY 12. NAIROBI - ARUSHA, TANZANIA

It's farewell to Kenya today, as we are up bright and early this morning for our bus trip to Tanzania. Sit back and enjoy the ride as you take in some of the sights along the way. We will break the trip with some souvenir shopping, arriving in Arusha in the afternoon.

Depending on our arrival time to Arusha, a cultural walk can be arranged to give you a feel for the town. Overnight stay at hotel accommodation. (B,L,D)

DAY 13. 7 Day Safari - Tanzanian Highlights

Arusha to Karatu Safari-Day 1

Today we start our Safari departing from our accommodation around 8.30am. We will visit the Masai market first thing in the morning, followed by a stop at Shanga. Shanga is a heart-warming project based in Arusha, Tanzania, employing over 55 Tanzanians with disabilities to make beautiful jewellery. We can also get a cappuccino to go. <http://www.shanga.org/>

On our way we will visit the village of Mto wa Mbu, where you can either tour the Banana Beer Factory or take a cultural bike ride/walk through the village. Overnight The Junction Campsite Karatu (B, L, D)

*During your safari, any camping accommodation includes set up, pack up and a personal chef. So sit back and enjoy!

DAY 14. Karatu to Lake Eyasi Safari-day 2

Lake Eyasi - Bushman & Blacksmith

Today we will travel to Lake Eyasi where you will be introduced to the local tribe of blacksmiths and see how they make jewellery and weapons. We will then visit the Hadzabe Tribe, where you will be given a fascinating insight into the way of life of the last hunters and gatherers who live off the land and speak with their tongues. From here we will drive straight to the South of Serengeti to stay overnight and experience the sounds of the African wilderness. Camping accommodation. (B, L, D)

DAY 15. Serengeti Safari day 3

Serengeti

Up early for a game drive through the South of Serengeti. Have a relaxing lunch and then enjoy an afternoon game drive through the vast Savannahs. Make sure your camera is fully charged with lots of space because there will be plenty of animals to capture along the way!

Overnight Serengeti. Camping accommodation. (B, L, D)

DAY 16. Serengeti Safari day 4

Serengeti

After another amazing night spent in the wilderness of the Serengeti, nodding off to the sounds of the local wildlife, you will awaken to the chatter of the early birds. After a relaxing breakfast, venture out through the savannahs in search of the 'big five', or relax and take in the splendor of this magnificent land. Tonight you can sit back and enjoy your last night on the Serengeti, while you are taken care of by your own personal cook. There's no better way to relax, than dining under the African stars. Lodge style accommodation. (B, L, D)

**As an optional extra, today you can choose to experience the serengeti from above. Take an early morning hot air balloon ride across the sweeping plains and witness the animals from a different perspective. *Early booking required.

DAY 17. Serengeti to Ngorongoro Safari day 5

Ngorongoro Crater

Drive back from Serengeti into the Ngorongoro Conservation Area. We make our way through the gates to descend into the Ngorongoro crater and explore the crater floor. This incredible utopia will have you spellbound from the minute you lay eyes on it from above. Try your chance at spotting the elusive Black Rhino. The only animal you won't find in the crater is the giraffe, as it cannot walk down the steep rim edge! We will enjoy our lunch today, inside the crater witnessing nature at its finest. Overnight: The Junction Campsite (B, L, D)

DAY 18. Lake Manyara Safari day 6

After breakfast we head to Lake Manyara. Keep a lookout in the trees. You may be lucky enough to spot the tree-climbing lions local to this area. Here, you will have the best opportunity to get up close to the elephants that make Lake Manyara home. Make sure your camera is at the ready to capture these magnificent creatures and their precious babies. Many varieties of monkeys also make Lake Manyara home and can be found parading in troops with their babies on their backs. From here we drive to Tarangire National Park through gorgeous little villages.

Overnight Safari Lodge accommodation overlooking Lake Tarangire (B, L, D)

DAY 19. Tarangire National Park

Enjoy our last early morning game drive through Tarangire Park. Most well-known for its abundance of elephants where you can see up to 150 in one place, it's an experience you will never forget. Animals will flock here in the dry season in search of water, knowing this is one area where the river does not dry up.

Return for overnight at Arusha. Hotel accommodation. (B, L, D)

Day 20: TANZANIA - AUSTRALIA

Today you bid farewell to Africa and begin your journey home. (B)



Additional information

This amazing adventure of a lifetime is valued at only.... TBA

*This cost includes a gorilla trek. For non-trekkers, please contact us for alternative pricing.

* Please note, all prices are in USD. The conversion rate to your local currency will vary depending on time of booking.

What does my investment get me?

- A life changing experience like no other
- Visit to the Genocide Memorial, Rwanda
- Intimate and personal remote village stay, including home visits with locals
- Visit to 2 local schools and time spent interacting with the children
- A gorilla Trek in the Bwindi Impenetrable Forest
- Visit to David Sheldrick Wildlife Trust (Elephant Orphanage)
- Visit to Giraffe Centre Nairobi
- 7-day safari on the Serengeti and throughout the most breathtaking areas of Tanzania, including 2 nights in lodge accommodation and 5 nights camping - *campsites are set up and packed up for you and you have your own personal chef...so sit back and enjoy!
- Visit to a traditional Masai village
- Visit to the Hadzabe tribe, who are some of the last hunters and gatherers to walk the earth
- 1 economy class flight within Africa
- Bus trip from Nairobi to Tanzania
- Airport transfers on the first and last day of tour

- All transport between destinations - All touring in air-conditioned vehicles (excluding open safari 4WD)

Accommodation & Meals

- 5 nights in good quality hotel
- 6 nights in lodge style 3-4 star
- 2 nights in apartment - 4.5 star
- 5 nights in camping tents
- 2 nights in village accommodation
- 19 breakfasts
- 12 lunches
- 19 dinners
- Fresh bottled water every day

Tour Guides

- English-speaking locally based driver/guides
- 24/7 personal care from Patti and Susie

Entrance Fees & Permits

- Entrance fees to all national parks are included
- Gorilla permit

What is not included?

- International return airfares
- Alcoholic beverages
- Optional extra activities
- Tips, donations
- Visas
- Travel Insurance

How do I Get to Rwanda?

You will fly into Rwanda and out from Tanzania - we can organise airfares for you with a trusted travel agent or you can sort this yourselves. * We do not recommend booking your airfare until our minimum number is reached.

Will we be escorted from Australia?

Our tours are not escorted from Australia. We will be there to meet you on arrival at your destination and your tour will begin from there.

Maximum Numbers

For an adventure such as this, our maximum number is 6. This is so we can provide you with a truly intimate experience. Get in early so you don't miss out. Why not share this incredible experience with a couple of friends? A minimum number of people must book to make the trip viable, if our minimum number is not reached, the trip will be rescheduled. In the event of cancellation by us for any reason, you will be refunded all monies paid. We would not recommend booking your airfare until we have reached our minimum number.

Do I need to Share a Room?

Where lodge and hotel accommodation is used, there are triple, twin and single rooms available. *Prices are based on twin share. A single supplement can be provided on application dependent on availability and the room type chosen. Some accommodation, such as village stay and camping will be twin/triple share.

Will I be Safe?

Africa is no different to anywhere in the world, in that it is advisable to always use common sense wherever you are.

We will be accompanied by trusted local guides and drivers at all times. They will make you feel more like a friend than a client, so relax and enjoy the trip.

Challenges.

There will be aspects of this trip that will possibly cause discomfort, such as, roads, toilets, showers, change of itinerary, delays, power cuts and culture shock. We believe this is all a part of experiencing other countries and cultures. An open mind and an easy going attitude will go a long way to ensuring this trip is enjoyed by everyone.

What if I don't want to do something?

We understand that not everyone will want to participate in all activities and that is fine. Whilst some planned activities are for everyone, i.e., the safari, if you do not wish to take part in any of the planned day activities in Kenya or

Uganda, we would be happy to facilitate alternative options for you where available. You can also opt to take this time to remain at our accommodation and have a rest day.

What level of fitness do I need?

Some aspects of this trip require a moderate level of fitness. It is your responsibility to ensure that you can complete this tour.

Gorilla trekking can be strenuous, but being prepared makes it easier. Keep in mind that conditions may vary; the terrain could be wet or dry, and the hike may take 3 - 6 hrs. The group will travel only as fast as the slowest person. Though this description is a bit vague, the point is to be prepared for all possible conditions. It is your responsibility to ensure that you are medically fit to participate. If you are unsure, please check with your GP.

*More info regarding the trek will be supplied to those who book this activity.

What if I don't like the food?

Whilst you will have many opportunities to sample local fare, most of the places we will dine, with the exception of the village, will have western items on the menu. Having said this, Africa has some of the best fruit and vegetables you will ever taste, so we are confident you will find plenty of food to your liking.

I have a food allergy?

If you have a serious allergy to a particular food, we would ask that you bring medication with you and brief us on use and dosage before departure so we can get any training that we need. We will provide a card in each of the languages of our destinations so there can be no confusion.

What if I get sick on Tour?

If you unfortunately become sick on tour, we will organise a doctor or pharmacy visit for you. We always recommend packing a well-stocked travel medical kit including gastro stop, hand sanitizer and betadine. **Speak with your travel doctor about obtaining a travel medical kit.*

I have never travelled without family or friends?

Then this is the trip for you! You'll be travelling with likeminded women who together, will experience the most life changing adventure. There is something

about Africa that bonds people in a way that no other place can. Relationships are forged quickly here and sharing such intense experiences, forms deep and lasting friendships.

Before the trip you will be connected through a Facebook group, where we can become acquainted and have some online meetups and answer any extra questions you have.

What is the climate in East Africa?

There are two distinct seasons. The wet and dry season. Temperatures are reasonably consistent.

The dry season, Dec - March, has an average high temperature of 28 degrees C during the day with an average low temperature of 15 degrees C at night.

Itinerary changes.

Travel requires flexibility. Unforeseen factors may impact our plans. This could include flight delays, traffic delays, mechanical issues and cultural celebrations. Drive times can vary and be unpredictable. Your patience will go a long way in these circumstances.

Travel expectations.

All participants must comply with laws, customs and drug regulations of all countries visited and agree to travel in accordance with these laws. Participants are also expected to comply with the tour leader's decisions and must not interfere with the wellbeing and safety of the group. Failure to comply may result in your tour being terminated with no right to refund.

Do I need vaccinations where we are going?

We will travel to countries where specific vaccinations are not only recommended but required. Please contact your local Travel Doctor or visit www.traveldoctor.com.au for more details.

Some vaccinations need to be started as early as 6 months prior to travel, so ensure you allow yourself time for this. *Many African countries require proof of Yellow Fever vaccination on entry.

Passport and Visa information.

Visas are required for all African countries. It is your responsibility to have correct documentation.

An East African visa will allow you to travel to multiple countries within East Africa.

We recommend you speak to a professional when applying for your visas. For further information and assistance, visit the following links.

<https://www.migration.gov.rw/index.php?id=233>

<https://texvisas.com.au/about-us/>

<http://visalink.com.au/>

Passports must have a minimum of 6 months remaining from arrival date. Please ensure your passport is up to date and has the required time remaining.

Will I need travel insurance in order to travel?

Yes, you will need to have travel insurance. Unfortunately, this is not a choice it's compulsory as we'd hate for something to happen and you not to be covered. We can arrange insurance for you, just ask us at the time of booking.

How much spending money will I need and can I access funds easily in Africa?

We will have opportunities to shop for souvenirs throughout our trip, as well as visits to local market places where you can purchase fabrics and other items. It is difficult to tell you how much to bring - it depends if you are a shopper or not, although many prices are low here compared to western countries. You may also like to take into account that there will be times you wish to make a donation to a family or individual. Trust us.....it will happen, you cannot visit here without feeling compelled to help in some way, but of course there is no pressure to do so.

All major cities and most smaller towns have ATM's and many establishments accept credit and debit cards. If we are travelling to a remote area, we will ensure you have access to funds before heading off.

What is the best way for me to take money?

We recommend you take a combination of cash and a credit/debit card along with a travel card if you wish. ATM's are available in all major cities. You can

obtain cash from the ATMs with your credit/debit card and travel card. Your withdrawal will be in local currency. US dollars are also widely accepted throughout Africa.

Limitation of Liability.

We are not responsible for any acts or omissions for any third party used to assist in the running of our tours. Activities not included in the trip, even if your tour leader organises these activities, render us not liable for them in any way. If you wish to undertake higher risk activities, such as hot air ballooning or water sports, they will need to be covered by your own travel insurance.

Can I pay for my trip in installments?

On payment of your deposit, a payment plan will be arranged for you. There is a \$1000 deposit to secure your place and all payments must be completed by 28th November, 2017.

What is the cancellation policy?

The \$1000 deposit is non-refundable if you simply change your mind - if it is due to illness of yourself or a person you care for then you will have \$750 of this refunded.

On receipt of your deposit a suitable payment plan will be established. You will then be sent a registration form and an invoice for the balance. Full payment is due 28th Nov, 2017.

Cancellation 90 plus days from the trip start date: 70% refundable

60 - 90 days 60%

30 - 60 days 20%

Less than 30 days no refund

***We advise that on paying your deposit, you take out appropriate international travel insurance so in case of cancellation you can be refunded through them.**

Cancellation by Little African Tour Company.

If for any reason, we cancel the trip, you will receive a refund for the trip, but we are not responsible for any incidental expenses incurred by you as a result of your booking. Vaccinations, non-refundable flights. Again, check your insurance.